## OASIS Adult Day Program

### March 2024

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Matthew Embry</strong></td>
<td><strong>Sing-A-Longs w/ Anita</strong></td>
<td><strong>St. Patrick’s Potluck</strong></td>
<td><strong>Activities are Subject to Change</strong></td>
<td><strong>CAREGIVER SUPPORT GROUP</strong></td>
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<tr>
<td>March 13, @ 3pm</td>
<td>Every Thursday @ 10am</td>
<td>March 15, @ 3pm</td>
<td></td>
<td>Monday, March 4, 2024 &amp; Wednesday, March 20, 2024 (Every 1st Monday &amp; 3rd Wednesday of the Month) 10:00am – 11:30am Hosted by: Meghan Velasquez, Program Manager</td>
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<td>Caregivers, we are in need of any unwanted items such as: ⇒ Buttons and/or Coupons</td>
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<tr>
<td>9:00 Coffee/Morning Stretches</td>
<td>10:00 Fun Bits of St. Patrick</td>
<td>10:30 Antonyms &amp; Synonyms</td>
<td>9:00 Coffee/Morning Stretches</td>
<td>10:00 Good Luck or Bad Luck?</td>
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<td>10:00 Waffle Maker Detective</td>
<td>10:30 Category Trivia</td>
<td>11:00 Social Hour</td>
<td>10:30 Rainbow Detective</td>
<td>11:00 Irish Humor</td>
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<tr>
<td>11:00 Exercise w/ Pete</td>
<td>11:30 Physical Game</td>
<td>12:00 LUNCH</td>
<td>12:00 LUNCH</td>
<td>1:30 Truth or Blarney</td>
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<td>12:00 LUNCH</td>
<td>1:30 Times Table Game</td>
<td>1:00 Social Hour</td>
<td>12:00 LUNCH</td>
<td>11:00 Exercise w/ Pete</td>
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<tr>
<td>1:30 Shamrock Puzzle Craft</td>
<td>1:30 Social Hour</td>
<td>1:30 Joke Hour</td>
<td>11:30 Physical Game</td>
<td>1:30 Social Hour</td>
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<tr>
<td>2:00 We’re All Irish</td>
<td>1:30 Underground Treasure</td>
<td>1:30 Social Hour</td>
<td>12:00 LUNCH</td>
<td>13:00 Random Trivia</td>
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<tr>
<td>3:00 Scottish Chair Dance</td>
<td>2:00 World Records w/ Pete</td>
<td>1:30 Fill &amp; Find</td>
<td>1:00 Social Hour</td>
<td>2:00 Fun &amp; Games</td>
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<tr>
<td>4:00 Physical Game</td>
<td>3:00 Exercise w/ Dolores</td>
<td>2:00 Jeopardy</td>
<td>1:30 March Music Madness</td>
<td>3:00 St. Patrick’s Potluck</td>
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<td></td>
<td>4:00 YMCA Workout</td>
<td></td>
<td>2:00 Book Club Detective</td>
<td>4:00 Mardi Gras Dance</td>
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</tbody>
</table>

### Activities

- **March IQ**
- **March 13, 2024**
- **Wednesday, March 15, 2024**
- **March 18, 2024**
- **March 21, 2024**
- **March 24, 2024**
- **March 27, 2024**
- **March 30, 2024**
- **April 2, 2024**
- **April 5, 2024**
- **April 8, 2024**
- **April 11, 2024**
- **April 14, 2024**
- **April 17, 2024**
- **April 20, 2024**
- **April 23, 2024**
- **April 26, 2024**
- **April 29, 2024**

### Contact Information

- **OASIS Staff**
  - Dolores Gonzalez • Maria Garcia • Pete Arguijo
  - Meghan Velasquez, Program Manager • Nora Muñoz, Site Coordinator
  - OASIS: 559.224.9121 • VCRC: 559.224.9154 • 5377 N. Fresno Suite #101C, Fresno, CA 93710

- **Adult Day Program**
  - 559.224.9121

- **Caregiver Support Group**
  - Hosted by: Meghan Velasquez, Program Manager

- **Caregivers**
  - We are in need of any unwanted items such as: ⇒ Buttons and/or Coupons

- **Every Thursday**
  - 12:00 LUNCH
**Due to EOC being closed on Friday, 15, 2024, we will be offering pizza, salad, and fruit to those who purchase a lunch.

Thank you.