



Tulare County Senior Guide

Servicing California's Central Valley

Guía para adultos mayores del condado de Tulare

Sirviendo nuestro Valle Central

1-800-541-8614

E-mail / Correo electrónico: info@valleycrc.org

Web Site / Sitio Web: www.valleycrc.org

Fresno Office

5363 N Fresno Street
Fresno, CA 93710
(559) 224-9154

Bakersfield Office

1701 Westwind Dr. #127
Bakersfield, CA 93301
(661) 873-4000

Modesto Office

1101 Standiford Ave., #A-10
Modesto, CA 95350
(209) 846-9635

Adult Day Care / Centro de día para adultos mayores

Valley Adult Day Services.....(559) 783-9815

227 E Oak Avenue, Porterville, CA 93257

Springville Ranch Adult Day Health Care.....(559)753-8822

36400 CA-190, Springville, CA 93265

Advocacy / Abogacía

AARP.....1(888) 687-2277

California Advocates for Nursing Home Reform.....1(800) 474-1116

HICAP (Health Insurance Counseling & Advocacy Prog.)....1(800) 434-0222 or (559)713-2875

Kings/Tulare Area Agency on Aging (KTAAA).....1(800) 321-2462

CSET1(800) 321-2462 or (559)732-4194

LTC Ombudsman Program.....1(800) 293-9714 or (559)852-2828

Alzheimer's Services / Servicios para adultos con Alzheimer

Alzheimer's Association.....1(800) 272-3900 or (559) 753-8200

Alzheimer's Association 24/7 Helpline.....1(800) 272-3900

Medic Alert.....1(888) 572-8566

UCSF Alzheimer's & Memory Center.....(559) 227-4810

Valley Caregiver Resource Center.....1(800) 541-8614 or (559)224-9154

Case Management Program / Programas de asistencia social

MSSP (65+).....1(800) 434-0222 or (559) 623-0199

Counseling / Asesoramiento

Central California Family Crisis Center.....	(559) 784-0192
Central Valley Regional Center.....	(559) 738-2200
District Attorney's County Offices	
South County Office	(559) 782-9617
North County Office.....	(559) 636-5494
Family Service of Tulare County.....	(559) 741-7310
Independence at Home.....	(866) 421-1964
Kings View Mental Health.....	(559) 687-0929
Tulare County Mental Health.....	(800) 834-7121
Tulare County Warm Line (24/hr).....	(877) 306-2413
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154
Visalia Adult Integrated Clinic.....	(559) 623-0900
Visalia Parenting Network.....	(559) 625-0384

Disability Programs & Services / Programas y servicios de discapacidad

Central Valley Regional Center (CVRC).....	(559) 276-4300
Deaf & Hard of Hearing Service Center/Interpreting Services...	(559) 225-3382 or (559) 225-3323
Resources for Independence Central Valley (RICV).....	(559) 221-2330
Valley Center for the Blind.....	(559) 222-4447

Emergency Hotlines (24 hour) / Líneas directas de emergencia (24 h)

Adult Protective Services.....	(877) 657-3092
Emergency.....	911
National Domestic Violence Hotline.....	1(800) 799-7233
National Suicide Prevention Lifeline.....	988
Tulare County Crisis & Information Line.....	1(800) 320-1616

Equipment and Supplies / Equipos médicos duraderos y suministros

California Telephone Access Program.....	1(800) 806-1191
Shields Healthcare.....	1(800) 675-8842

Financial Assistance / Asistencia financiera

Social Security Administration.....	1(800) 772-1213
Tulare County Health & Human Services.....	(559) 624-8000
Tulare County Veterans Service Office.....	(559) 713-2880

Food Programs / Programas alimentarios

Cal Fresh.....	1(877) 847-3663
Food Link for Tulare County.....	(559) 592-0017
Tulare Works, Tulare's District Office.....	(559) 685-2100
Senior Meal /Nutrition Program.....	1(800) 321-2462 or (559) 623-0199
Tulare Senior Community Center	(559) 685-2330

Home Health / Salud en el hogar

Adventist Health Home Care Services & Hospice Services.....	(559) 537-2860
Compassionate Care.....	(559) 432-2003 Ext.1
Healthy Living At Home.....	(559) 369-6473
PAS Wound Care (mobile wound care team).....	(818) 213-6325

Hospice / Hospicio

Adventist Health Home Care & Hospice Services.....	(559) 537-2860
American Care Hospice	(559) 409-2665
Ardent Hospice And Palliative Care.....	(559)408-5945 or (661) 244-8126
AseraCare Hospice.....	(559) 447-2540
Bright Horizons.....	(559) 443-0303
Bristol Hospice (Visalia).....	(559) 741-7220
Compassionate Care.....	(559) 432-2003 Ext.1
Gentiva Hospice.....	(559) 685-9218
Infinite Heart Hospice.....	(559) 409-7500
Kaweah Delta (Health) Hospice	(559) 733-0642
Seva Hospice.....	(559) 625-1043
Visiting Angels.....	(559) 562-1161

Housing / Recursos de vivienda

Housing Authority of Tulare County.....	(559) 627-3700
Senior Information and Assistance Services	(559) 732-4194

In-Home Care Services / Servicios de asistencia a domicilio

A Better Solution In Home Care.....	(559) 241-8226
AccentCare of California, Inc.....	(559) 818-0872
Amdal In-Home Care (Tulare).....	(559) 686-6611
Auspice In-Home Care and Transportation Services.....	(559) 436-4782
California Home Care, LLC.....	(559) 710-1310
Caregiver To You.....	(800) 869-4373
CareMax Senior Solutions.....	(559) 235-9191

In-Home Care Services (*continued*) / Servicios de asistencia a domicilio (*continuar*)

Compassionate Care In-Home Care.....	(559) 860-2800
In-Home Supportive Services (Medi-Cal Program).....	(559) 623-0600
Kaweah Delta Private Home Care.....	(559) 733-0642
Lenity Solutions.....	(559) 824-2040
Maxim Healthcare Services, Inc.....	(559) 227-2250
Nurse Next Door Fresno North.....	(559) 261-5549; (559) 317-5959
Right at Home Central Valley.....	(559) 802-3736
Senior Helpers.....	(559) 224-5678
Visiting Angels (Lindsay/Tulare).....	(559) 562-1161

Insurance Programs / Programas de seguros

HICAP (Health Insurance Counseling & Advocacy Prog.)....	1(800) 434-0222 or (559) 723-2875
Medi-Cal.....	1(800) 540-6880
Medicare.....	1(800) 633-4227
Social Security Administration/SSI.....	1(800) 772-1213

Legal Services / Servicios legales

CA Rural Legal Assistance.....	(559) 441-8721
Central California Legal Services.....	1(800) 675-8001
Tulare County District Attorney.....	(559) 636-5494
Family Services Tulare County.....	(559) 741-7310
Tulare County Family Court.....	(559) 730-5000
CSET.....	(559) 732-4194
Public Guardian (Conservatorship).....	(559) 623-0650 or (559) 737-5500
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154

Respite Care / Asistencia de relevo

24-Hour Home Care (Medi-Cal Program).....	(866) 311-6265
In-Home Supportive Services.....	1(800) 571-9555 or (559) 623-0600
Love Inc.....	(559) 733-8870
MSSP (65+) / Linkages (18+).....	1(800) 434-0222 or (559) 623-0199
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154
Veterans Respite Care.....	(559) 225-6100 Ext. 5240

Senior Centers / Centros para adultos mayores

CSET Senior Services.....	(559) 732-4194
Cutler Senior Center.....	(559) 528-6108

Senior Centers (*continued*) / Centros para adultos mayores (*continuar*)

Dinuba Senior Center.....	(559) 591-2450
Earlimart Senior Center.....	(661) 849-2232
Exeter Senior Center.....	(559) 592-5960
Farmersville Senior Center.....	(559) 667-2702
Lindsay Senior Center.....	(559) 562-5859
Porterville Senior Center.....	(559) 782-4725
Tulare Senior Center.....	(559) 685-2330
Visalia Parks and Recreation Senior Center.....	(559) 713-4481
Woodlake Senior Center.....	(559) 564-3251

Specialized Transportation / Transporte especializado

Tri County Medical Transportation.....	(559) 637-1851
Valley Medical Transportation.....	(559) 385-4702

Transportation / Transporte

Abbey Medical Transportation.....	(559) 594-4716
All Family Transport (non-emergency).....	(559) 836-0682
Tulare Regional Transit Agency.....	1(800) 431-9711
Dial-a-Ride:	
Porterville	(559) 781-8104
Visalia.....	(559) 713-4750
Kings County Government Center.....	(559) 582-3211 Ext. 2828
Tulare County Area Transit (TCAT).....	1(800) 431-9711

Utilities Assistance / Asistencia para servicios públicos

Southern California Edison Energy Efficiency Department	1(800) 736-4777
Southern California Edison.....	1(800) 447-6620
Southern California Gas Company.....	1(800) 238-0092
Universal Lifeline Telephone Services (AT&T).....	1(800) 288-2020

Veterans Services / Servicios para veteranos

Tulare County Veterans Services Office.....	(559) 713-2880
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Miscellaneous / Miscelánea

California Department of Aging.....	1(800) 321-2462
Eldercare Locator.....	1(800) 677-1116
Hands in the Community (assistance with rides, building handicapped ramps, and handyman tasks)...	(559) 625-3822

Miscellaneous (*continued*) / Miscelánea (*continuar*)

Medical Alert.....	1(800) 432-5378
Tulare County Veterans Services.....	(559) 713-2880
Tulare Area Agency on Aging.....	1(800) 321-2462
Senior Information and Assistance.....	(559) 732-4194
United Way Resource Hotline.....	211

Web Sites / Sitio web

Administration on Aging.....	www.acc.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
Department of Veteran's Affairs.....	www.va.gov
H.E.L.P. for Seniors.....	www.help4srs.org
Kings Community Action Organization.....	www.kcao.org
Kings/Tulare Area Agency on Aging.....	www.ktaaa.org
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno, Bakersfield, and Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

VCRC le atiende en los siguientes condados a través de sus oficinas en Fresno, Bakersfield y Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers
Números de teléfono importantes

Notes / Notas:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Guía para adultos mayores listados en los condados circundantes también están disponibles. Para más información, por favor llame al Valley Caregiver Resource Center al (559) 224- 9154. VCRC presenta esto como un listado de muestra de varias agencias privadas, públicas y sin fines de lucro para propósitos de recursos. La inclusión de una agencia en este listado no implica una recomendación o respaldo por parte de VCRC. VCRC no acepta ninguna responsabilidad por la competencia o la calidad del servicio prestado por las agencias de esta lista. Toda la información es correcta en el momento de su impresión, pero está sujeta a cambios.