



Mariposa County Senior Guide

Servicing California's Central Valley

Guía para adultos mayores del condado de Mariposa
Sirviendo nuestro Valle Central

1-800-541-8614

E-mail / Correo electrónico: info@valleycrc.org

Web Site / Sitio Web: www.valleycrc.org

Fresno Office

5363 N Fresno Street
Fresno, CA 93710
(559) 224-9154

Bakersfield Office

1701 Westwind Dr. #127
Bakersfield, CA 93301
(661) 873-4000

Modesto Office

1101 Standiford Ave., #A-10
Modesto, CA 95350
(209) 846-9635

Advocacy / Abogacía

- AARP.....(800) 523-5800
- Disability Resource Agency for Independent Living (DRAIL).....(209) 532-0963
- HICAP (Health Insurance Counseling & Advocacy Program)..... (209) 532-6272
- Mother Lode Ombudsman.....(209) 588-1597

Alzheimer's Services / Servicios para adultos con Alzheimer

- Alzheimer's Association.....(800) 272-3900
- Valley Caregiver Resource Center.....(800) 541-8614 or (559) 224-9154

Case Management Programs / Programas de asistencia social

- Area 12 Agency on Aging.....(800) 510-2020 or (209) 532-6272
- Mariposa Family Resource Center.....(209) 742-2225
- MSSP (Multipurpose Senior Services Program, 60+, Medi-Cal)..... (209) 532-6272

Counseling / Asesoramiento

- Area 12 Agency on Aging.....(800) 510-2020 or (209) 532-6272
- Disability Resource Agency for Independent Living (DRAIL).....(209) 532-0963
- Independence at Home.....(866) 421-1964
- Valley Caregiver Resource Center.....(800) 541-8614 or (559) 224-9154

Disability Programs & Services / Programas y servicios de discapacidad

- Project Lifesaver - Mariposa(209) 966-3615

Emergency Hotlines / Líneas directas de emergencia

Adult Protective Services.....	(209) 966-2000
Law Enforcement.....	911
Mountain Crisis Services	(888) 966-2350
National Domestic Violence Hotline.....	(800) 799-7233
National Suicide Prevention Lifeline.....	988

Equipment and Supplies / Equipos médicos duraderos y suministros

California Telephone Access Program.....	(800) 806-1191
Disability Resource Agency for Independent Living (DRAIL).....	(209) 532-0963

Financial Assistance / Asistencia financiera

Area 12 Agency on Aging.....	(800) 510-2020 or (209) 532-6272
CARE (PG&E Energy Program).....	(866) 743-2273
Social Security Administration.....	(800) 772-1213
Veterans Service Office.....	(559) 600-5436
United Way 211 (Resource Hotline).....	211

Food Programs / Programas alimentarios

Community Food Bank / USDA Commodities	(209) 726-3663
Health & Human Services Agency (HHS).....	(800) 266-3609 or (209) 966-2000
Manna House	(209) 742-7985
Mariposa Senior Activity Center.....	(209) 966-6632
United Way 211 (Resource Hotline).....	211

Health Services / Servicios de salud

United Way 211 (Resource Hotline).....	211
--	-----

Home Improvement / Mejoras del hogar

Housing Rehabilitation Program	(559) 802-1647 or (559) 651-1000
--------------------------------------	----------------------------------

Home Health / Salud en el hogar

Compassionate Care.....	(209) 622-1058
John C. Fremont Home Health & Hospice	(209) 966-3800
RxWound (Wound Care).....	(559) 510-1044

Hospice / Hospicio

Compassionate Care..... (209) 622-1058
John C. Fremont Home Health & Hospice(209) 966-3800

Housekeeping Services / Servicios de limpieza

www.care.com.....Website

Housing / Recursos de vivienda

Mariposa Terrace II Apartments (62 yrs.+, disabled adults).....(209) 966-341
Sierra Garden Apartments (Seniors, disabled adults)(209) 742-7688
United Way 211 (Resource Hotline).....211

In-Home Care Services / Servicios de asistencia a domicilio

AccentCare of California, Inc.....(916) 262-6842 or (559) 818-0872
Alegre Home Care(209) 846-3610
Caregiver To You(800) 869-4373
California Home Care, LLC.....(559) 710-1310
Maxim Healthcare Services, Inc. (Modesto Regional Office).....(209) 806-5424
Mid Valley Golden Care, LLC.....(559) 474-7300
TLC Assistant Living Services.....(209) 288-2484

Insurance Programs / Programas de seguros

HICAP (Health Insurance Counseling & Advocacy Program)..... (209)-532-6272
Medi-Cal.....(800) 541-5555
Medicare.....(800) 633-4227
Social Security Administration/SSI.....(800) 772-1213

Legal Services / Servicios legales

Central California Legal Services.....(800) 675-8001 or (559) 570-1200
Interfaith Legal Services(209) 694-3481

Miscellaneous / Miscelánea

California Department of Aging.....1-800-510-2020
Eldercare Locator.....1-800-677-1116
Livanta, LLC.....1-877-588-1123
Medical Alert.....1-800-432-5378
United Way 211 (Resource Hotline).....211

Money Management / Asesoramiento financiero

Money Management International.....1-800-750-2227
Social Security (ask for representative payee).....1-800-772-1213

Nursing Home Advocacy / Abogacía de cuidado a largo plazo

Department of Health-Licensing and Certification.....1-800-554-0351
Ombudsman Program(209)588-1597 or (209)532-7632

Respite Care / Asistencia de relevo

24-Hour In-Home Care (Medi-Cal Program).....(866) 311-6265
Area12 Agency on Aging.....(209) 532-6272
In-Home Supportive Services.....(209) 742-0994
MSSP (65+) / Linkages (18+).....(800) 510-2020
Valley Caregiver Resource Center.....(800) 541-8614 or (559) 224-9154
Veterans Service Office.....(209) 966-3696

Senior Centers / Centros para adultos mayores

Mariposa Senior Activity Center.....(209) 966-6632

Transportation / Transporte

Mariposa County Transit (Mari-Go) (209) 966-5315

Utilities Assistance / Asistencia para servicios públicos

CARE (PG&E Energy Program).....(866) 743-2273
United Way 211 (Resource Hotline).....211

Web Sites / Sitio web

Administration on Aging.....www.aoa.gov
California Department of Aging.....www.aging.ca.gov
California Department of Services and Development.....www.csd.ca.gov/Programs
Care.com.....www.care.com
Department of Veteran's Affairs.....www.va.gov
H.E.L.P. for Seniors.....www.help4srs.org
Valley Caregiver Resource Center.....www.valleycrc.org
United Way 211 (Resource Hotline).....211

VCRC serves you in the following counties by way of offices in Fresno, Bakersfield, and Modesto:

Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

VCRC le atiende en los siguientes condados a través de sus oficinas en Fresno, Bakersfield y Modesto:

Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers

Números de teléfono importantes

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Notes / Notas:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Guía para adultos mayores listados en los condados circundantes también están disponibles. Para más información, por favor llame al Valley Caregiver Resource Center al (559) 224- 9154. VCRC presenta esto como un listado de muestra de varias agencias privadas, públicas y sin fines de lucro para propósitos de recursos.

La inclusión de una agencia en este listado no implica una recomendación o respaldo por parte de VCRC. VCRC no acepta ninguna responsabilidad por la competencia o la calidad del servicio prestado por las agencias de esta lista. Toda la información es correcta en el momento de su impresión, pero está sujeta a cambios.