



Fresno County Senior Guide

Servicing California's Central Valley

Guía para adultos mayores del condado de Fresno

Sirviendo nuestro Valle Central

1-800-541-8614

E-mail / Correo electrónico: info@valleycrc.org

Web Site / Sitio Web: www.valleycrc.org

Fresno Office

5363 N Fresno Street
Fresno, CA 93710
(559) 224-9154

Bakersfield Office

1701 Westwind Dr. #127
Bakersfield, CA 93301
(661) 873-4000

Modesto Office

1101 Standiford Ave., #A-10
Modesto, CA 95350
(209) 846-9635

Adult Day Care / Centro de día para adultos mayores

OASIS Adult Day Center(559) 224-9121
5377 N. Fresno Street, Suite 101C, Fresno, CA 93710

Adult Day Health Care / Atención médica diurna para adultos mayores

Adult Day Health Care of Fresno & Clovis(559) 227-8600
5757 N. First St. Fresno, CA 93710
CBAS Adult Day Health Care..... (559) 512-2227
1060 Fulton Street, Fresno CA 93721
Heritage Adult Day Health Care(559) 222-0304
2020 N Weber Ave. #123. Fresno, CA 93705
Heritage West Adult Day Health Care Center, LLC.....(559) 261-1115
3677 W. Beechwood Avenue, Fresno, CA 93711
Fresno PACE (559) 400-6420 or (855) 630-7223
2042 Kern Street Fresno, CA 93721
WelbeHealth PACE(888) 530-4415
1649 Van Ness Avenue, Fresno, CA 93721
Valley Adult Day Health Care Center, Inc (559) 454-0386
1052 C Street, Fresno, CA 93726
The Fresno Center - Adult Day Health Care Center.....(559) 319-1644
4855 E. Kings Canyon Rd., Fresno, CA 93727

Advocacy / Abogacía

AARP(800) 523-5800
HICAP (Health Insurance Counseling & Advocacy Program)..... (800) 434-0222 or (559) 224-9117

Advocacy (*continue*) / Abogacía (*continuar*)

LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
LTC Ombudsman Program	(559) 224-9177
The Fresno Center	(559) 255-8395

Alzheimer's Long-Term Care Facilities / Centros de cuidados de largo plazo para adultos con Alzheimer

Carmel Village	(559) 297-4900
Cedarbrook Memory Care Community	(559) 412-2299
Elim Place (Sanger).....	(559) 875-7268
Kingston Bay Senior Living.....	(559) 271-1600
Magnolia Crossings Assisted Living and Memory Care	(559) 765-4916
Oakmont of Fresno Assisted Living and Memory Care	(559) 477-4466
Truewood by Merrill	(559) 325-8400
Paintbrush Assisted Living and Memory Care	(559) 275-2000
Palm Village (Reedley)	(559) 638-6933
San Joaquin Gardens... ..	(559) 439-4770
Somerford Place	(559) 446-6226
The Grove	(559) 325-8170
VA Central CA Health Care System (Nursing home for Veterans).....	(559) 225-6100, ext. 5803
Westmont of Fresno	(559) 446-1266

Alzheimer's Services / Servicios para adultos con Alzheimer

Alzheimer's Association	(800) 272-3900 or (559) 753-8200
OASIS-Alzheimer's Day Care Center.....	(559) 224-9121
Medic Alert/Safe Return (Alzheimer's Association).....	(888) 572-8566
UCSF Alzheimer & Memory Center	(559) 227-4810
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154

Case Management Programs / Programas de asistencia social

Catholic Charities (CareConnect).....	(559) 237-0851
Fresno-Madera Agency on Aging Linkages (60+)	(559) 600-4405 or (559) 214-0299
Fresno-Madera Agency on Aging MSSP (65+ & on Medi-Cal)..	(559) 600-4405 or (559) 214-0299
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
To Whom Honor is Due	(559) 696-0449
The Fresno Center	(559) 255-8395

Counseling / Asesoramiento

Department of Behavioral Health Services.....(559) 673-3508 or (559) 675-7850
Fresno County Adult Mental Health (serves18-54).....(559) 600-5755
Fresno Spectrum Center (LGBTQ+).....(559) 319-8471
Independence at Home.....(866) 421-1964
Valley Caregiver Resource Center..... (800) 541-8614 or (559) 224-9154
The Fresno Center(559) 255-8395

Disability Programs & Services / Programas y servicios de discapacidad

Easter Seals Society of Central California(559) 241-7233
Deaf & Hard of Hearing Service Center/Interpreting Services...(559) 225-3382 or (559) 225-3323
Talking Book Library(559) 600-3217
Valley Center for the Blind.....(559) 222-4447
Central Valley Regional Center (CVRC).....(559) 276-4300
Resources for Independence Central Valley (RICV).....(559) 221-2330

Emergency Hotlines (24 hr) / Líneas directas de emergencia (24 h)

Adult Protective Services(800) 418-1426
Central Valley Suicide Prevention Hotline..... (888)506-5991 or (800) 273-8255
Law Enforcement911
Marjaree Mason Center-Domestic Violence.....(559) 233-4357
National Domestic Violence Hotline (800) 799-7233
National Suicide Prevention Hotline.....988

Equipment and Supplies / Equipos médicos duraderos y suministros

California Telephone Access Program.....(800) 806-1191
M.A.R.Y. Medical.....(559) 456-1774
Ray Fisher Pharmacy(559) 437-3800
Respiratory Care Plus.....(559) 252-0100
Shield Healthcare (800) 765-8775
MedSupply (559) 292-1540
The Bone Store.....(559) 226-7500

Financial Assistance / Asistencia financiera

Catholic Charities.....(559) 237-0851
Community Food Bank-Commodities (559) 237-3663

Financial Assistance (*continued*) / Asistencia financiera (*continuar*)

Social Security Administration.....	(800) 772-1213
United Way 211 (Resource Hotline).....	211
Veterans Service Office	(559) 600-5436

Food Programs / Programas alimentarios

Catholic Charities.....	(559) 237-0851
Fresno Metro Ministry Hunger/ Nutritional Program.....	(559) 485-1416
Fresno Rescue Mission.....	(559) 268-0839
Fresno-Madera Agency on Aging Home Delivered Meals....	(559) 600-4405 or (559) 214-0299
Food Stamps (Aged, Blind & Disabled)	(855) 832- 8082
Multi-Agency Access Program (MAP) (Homeless)	(559) 512-6777
Poverello House	(559) 498-6988
Senior Hot Meals.....	(559) 621-2900 or (559) 621-6619
The Fresno Center.....	(559) 255-8395
United Way 211 (Resource Hotline).....	211

Health Services / Servicios de salud

Dental Hygiene Clinic-Fresno City College	(559) 244-2601
Fresno County Behavioral Health Department.....	(559) 600-9180
Fresno County Older Adult Mental Health... ..	(559) 600-5755
Fresno-Madera Dental Society.....	(559) 438-7284
Immunizations	(559) 600-3550
Medical Indigent Services Program (MISP)	(559) 600-6580
Public Health Nursing... ..	(559) 600-3330
United Way 211 (Resource Hotline).....	211

Home Improvement / Mejoras del hogar

ESA, Love INC... ..	(559) 224-9599
Fire Prevention (Smoke detector for Fresno City residents).....	(559) 621-4181 ext.1
Fresno County Community Development	(559) 621-8300
Fresno County EOC (weatherization)... ..	(559) 263-1588
Habitat for Humanity	(559) 237-4102
Home Improvement / Targeted Area Rehabilitation Program.....	(559) 621-8300
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
Remodeling for Healthy Aging	(559) 447-7011
Senior Paint Program (Fresno City)	(559) 621-8300
USDA/ Rural Development Housing Service.....	(559) 276-7494

Home Health / Salud en el hogar

Avance Home Health	(559) 266-8300
Assured Nursing Solutions (Private RN Care).....	(559) 283-5522 or (559)283-2566
Athena Hospice & Home Health.....	(559) 446-0900
California Home Health	(559) 432-8700
Compassionate Care Home Health.....	(559) 432-2003
Focus Home Health Fresno	(559) 432-2257
Fresno Yosemite Health Care, Inc.....	(559) 255-9965
Healthcare California Home Health Agency	(559) 243-9990
Healthpoint Home Health	(559) 412-7953
InHome Healthcare Service	(800) 473-4480
Lenity Home Health.....	(559) 742-8005
Maxim HealthCare Services, Inc.	(559) 224-9078
PAS Wound Care (mobile wound care team).....	(818) 213-6325
Saint Agnes Home Health.....	(559) 450-5112
San Lorenzo Home Health	(559) 230-0516
Sequoia Home Health.....	(559) 765-4315
St. Mary's Home Health & Hospice	(559) 221-9919
Vida Care Home Health	(559) 248-0277

Hospice / Hospicio

American Care.....	(559) 409-2665
Ardent Hospice & Palliative Care Of Fresno.....	(559) 408-5945
AseraCare Hospice	(559) 447-2540
Athena Hospice & Home Health.....	(559) 446-0900
Bright Horizons	(559) 443-0303
Bristol Hospice.....	(559) 435-9991; (559) 840-2158; (559) 320-4000
Compassionate Care Home Health.....	(559) 432-2003 ext. 1
Hinds Hospice	(559) 317-6010
Hospice of the Valley.....	(559) 227-7202
Infinite Heart Hospice.....	(559) 409-7500
Lenity Hospice... ..	(559) 825-0606
Oyuna Hospice Inc	(559) 374-2726
Saint Agnes Hospice	(559) 450-5600
Sequoia Home Health.....	(559) 472-3627
Seva Hospice.....	(559) 751-0445
St. Mary's Home Health & Hospice	(559) 222-1291 ext.2

Housekeeping Services / Servicios de limpieza

Alicia's Housekeeping.....	(559) 681-9514
Merry Maids of Fresno.....	(559) 366-4033
Molly Maid of Fresno.....	(559) 742-4610
Peak Cleaning.....	(559) 421-5957
The Cleaning Authority.....	(559) 565-5110

Housing / Recursos de vivienda

Fresno County Housing Authority	(559) 443-8400
Fresno-Madera Agency on Aging Senior Information & Assistance..	(559) 600-4405 or (559) 214-0299
Housing & Urban Development (HUD)	(415) 489-6400
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
Multi-Agency Access Program (MAP) (Homeless)	(559) 512-6777
United Way 211 (Resource Hotline).....	211

In-Home Care Services / Servicios de asistencia a domicilio

A Better Solution In Home Care.....	(559) 241-8226
A-Plus Home Care	(559) 224-9442
AccentCare of California, Inc.....	(559) 818-0872
All Ways Caring HomeCare	(559) 428-9136
Angelicare In-Home Companion Care.....	(559) 453-0151
Auspice In Home Care & Transportation Services.....	(559) 436-4782
California Home Care, LLC.....	(559) 710-1310
Caregiver To You.....	(800) 869-4373
CareMax Senior Solutions	(559) 235-9191
Catholic Charities (Senior Companion Program).....	(559) 237-0851
Comfort Keepers - Fresno.....	(559) 456-8064
Compassionate Care In-Home Care.....	(559) 860-2800
Escort Home Care.....	(559) 578-3850
Everlight Care	(559) 353-2847
Fresno Yosemite Health Care, Inc.....	(559) 255-9965
Geriatric In-Home Care.....	(559) 892-0222
Home Instead Senior Care.....	(559) 243-1224
In-Home Supportive Services (Medi-Cal Only)	(559) 600-6666
Lenity Solutions	(559) 825-2040
Maxim HealthCare Services, Inc.	(559) 227-2250
Nurse Next Door Fresno North.....	(559) 261-5549; (559) 317-5959
Right at Home	(559) 228-8918
Right at Home Central Valley.....	(559) 802-3736

In-Home Care Services (*continued*) / Servicios de asistencia a domicilio (*continuar*)

Senior Helpers.....	(559) 224-5678
Seniors Helping Seniors.....	(559) 500-3070
Sequoia Companion Care.....	(559) 472-3627
Synergy Home Care of Fresno.....	(559) 765-4687
Valley Home Care.....	(559) 222-0344
Visiting Angels.....	(559) 500-2102
Well Being Senior Solutions.....	(559) 432-3737

Insurance Programs / Programas de seguros

HICAP (Health Insurance Counseling & Advocacy Program).....	(800) 434-0222 or (559) 224-9117
Medi-Cal.....	(559) 600-1377
Medicare.....	(800) 633-4227
Social Security Administration/SSI	(800) 772-1213

Legal Services / Servicios legales

Attorney Referral & Information Service	(559) 264-0137
California Rural Legal Assistance.....	(559) 441-8721
Central California Legal Services.....	(800) 675-8001 or (559) 570-1200
Centro La Familia Advocacy Services.....	(559) 237-2961
Fresno County Public Guardian's Office (Conservatorship).....	(559) 600-9500

Miscellaneous / Miscelánea

California Department of Aging... ..	(916) 419-7500
Eldercare Locator	(800) 677-1116
Livanta, LLC.....	1-877-588-1123
Medical Alert.....	(800) 432-5378
Retired & Senior Volunteer Program (RSVP).....	(559) 237-3101
United Way 211 (Resource Hotline).....	211

Respite Care / Asistencia de relevo

24-Hour Home Care (Medi-Cal Program).....	(866) 311-6265
In-Home Supportive Services	(559) 600-6666
MSSP (65+) / Linkages (18+).....	(800) 510-2020
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154
Veterans Affairs Central California - Respite Care.....	(559) 225-6100 ext.5240

Senior Centers / Centros para adultos mayores

Clovis Senior Activity Center	(559) 324-2750
Community Medical Transportation	(559) 612-0220
Edwin Blayney Senior Center... ..	(559) 834-5486
Eduardo “Lalo” Espinoza Senior Citizen Center (Orange Cove)	(559) 626-5109
Firebaugh Senior Center.....	(559) 407-8811
Kerman Senior Center.....	(559) 846-9329
Kingsburg Senior Center.....	(559) 897-3013
Nick Medina Senior Center (Selma)	(559) 891-2239
Reedley Senior Center.....	(559) 637-4207
Sanger Senior Center.....	(559) 876-6300 or (559) 875-7606
Sierra Oaks Senior Center	(559) 855-3300
Wellborn Senior Center (Coalinga)	(559) 935-5001

Specialized Transportation / Transporte especializado

All American Medical Transportation... ..	(559) 324-1038
American Cancer Society /Road to Recovery.....	(800) 227-2345
Clovis Roundup (curb to curb service)... ..	(559) 324-2760
Comfort Med Tans (medical transport).....	(559) 227-6862
Community Medical Transport	(559) 612-0220
HB Medical Transportation.....	(559) 917-1756
Senior Taxi Scrip Program... ..	(559) 233-4148
Tri County Medical Transportation (Reedley).....	(800) 996-2990

Transportation / Transporte

AT Medical Transportation.....	(559) 230-7360
Clovis Round Up.....	(559) 324-2760
Clovis Stageline.....	(559) 324-2770
Coalinga Transit	(559) 935-1533
Fresno Area Express (FAX).....	(559) 621- 7433
Fresno County Rural Transit.....	(559) 233-6789
Inspiration Transportation.....	(800) 425-1524
Fresno EOC Transit.....	(559) 263-8080

Utilities Assistance / Asistencia para servicios públicos

CARE (discount energy program)	(866) 743-2273
Energy Savings Assistance.....	(800) 989-9744
LIHEAP- Low Income Home Energy Assistance Program... (866) 675-6623 or (559) 263-1320	
Lifeline Telephone Service (AT&T).....	(800)-288-2020
Medical Baseline Program	(800) 743-5000
PG&E... ..	(800) 743-5000
REACH	(800) 933-9677
United Way 211 (Resource Hotline).....	211

Web Sites / Sitio web

United Way 211 (Resource Hotline).....	www.211.org
Administration on Aging	www.aoa.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
Care.com.....	www.care.com
Department of Veteran's Affairs... ..	www.va.gov
Fresno-Madera Area Agency on Aging... ..	www.fmaaa.org
H.E.L.P. for Seniors.....	www.help4srs.org
LGBTQ+ Resource Center (Fresno EOC).....	www.fresnoeoc.org/lgbtq
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno, Bakersfield, and Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

VCRC le atiende en los siguientes condados a través de sus oficinas en Fresno, Bakersfield y Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers
Números de teléfono importantes

Notes / *Notas:*

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Guía para adultos mayores listados en los condados circundantes también están disponibles. Para más información, por favor llame al Valley Caregiver Resource Center al (559) 224- 9154. VCRC presenta esto como un listado de muestra de varias agencias privadas, públicas y sin fines de lucro para propósitos de recursos. La inclusión de una agencia en este listado no implica una recomendación o respaldo por parte de VCRC. VCRC no acepta ninguna responsabilidad por la competencia o la calidad del servicio prestado por las agencias de esta lista. Toda la información es correcta en el momento de su impresión, pero está sujeta a cambios.