



1-800-541-8614

Stanislaus County Senior Guide

Servicing California's Central Valley

Guía para adultos mayores del condado de Stanislaus

Sirviendo nuestro Valle Central

E-mail / Correo electrónico: info@valleycrc.org

Web Site / Sitio Web: www.valleycrc.org

Fresno Office

5363 N Fresno Street
Fresno, CA 93710
(559) 224-9154

Bakersfield Office

1701 Westwind Dr. #127
Bakersfield, CA 93301
(661) 873-4000

Modesto Office

1101 Standiford Ave., #A-10
Modesto, CA 95350
(209) 846-9635

Advocacy / Abogacía

AARP.....	(800) 523-5800
Central California LGBTQ+ Collaborative – Rainbow Resource Center.....	(209) 408-8846
Disability Resource Agency for Independent Living (DRAIL)	(209) 521-7260
HICAP (Health Insurance Counseling & Advocacy Program).....	(209) 558-4540
Ombudsman Services.....	(209) 529-3784

Adult Day Care / Centro de día para adultos mayores

Bethany Home Day Care (Ripon).....	(209) 599-7670
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Adult Day Health Care / Atención médica diurna para adultos mayores

Sunlight Adult Day Health Care Center.....	(209) 408-0019
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Alcohol and Drug Abuse / Recursos sobre alcoholismo y drogadicción

Stanislaus County Behavioral Health & Recovery Services.....	(888) 376-6246
Stanislaus Recovery Center.....	(209) 525-7411

Alzheimer's Services / Servicios para adultos con Alzheimer

Alzheimer's Association.....	(800) 272-3900
Alzheimer/Dementia Support Center.....	(209) 577-0018
Alzheimer's Aid Society of Northern California.....	(209) 238-0538
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154

Case Management Programs / Programas de asistencia social

Stanislaus County Aging & Veterans Services (AAA).....	(209) 558-8698
Linkages (18+) (AAA).....	(209) 558-8698
MSSP (Multipurpose Senior Services Program, 60+, Medi-Cal).....	(209) 558-8698
PEARLS (Program to Encourage Active Rewarding Lives).....	(209) 558-8698

Counseling / Asesoramiento

Center for Human Services.....	(209) 526-1440
Hope Counseling.....	(209) 578-6373
Independence at Home.....	(866) 421-1964
PEARLS (Program to Encourage Active Rewarding Lives) (AAA).....	(209) 558-8698
Project Hope (60+) (AAA).....	(209) 558-8698
Stanislaus County Behavioral Health.....	(888) 376-6246

Disability Programs & Services / Programas y servicios de discapacidad

Disability Resource Agency for Independent Living (DRAIL)	(209) 521-7260
Society for Disabilities.....	(209) 524-3536
United Cerebral Palsy.....	(209) 577-2122
Valley Mountain Regional Center.....	(209) 529-2626
Vocational Rehabilitation (Ca.gov Modesto Office).....	(209) 576-6220

Emergency Numbers / Líneas directas de emergencia (24 h)

Emergency.....	911
National Suicide Prevention Lifeline.....	988
Adult Protective Services.....	(209) 558-2637 or (800) 336-4316
Haven (Healthy Alternatives to Violent Environments)	(209) 577-5980
National Domestic Violence Hotline.....	(800) 799-7233

Financial Assistance / Asistencia financiera

Aging & Veterans Services (AAA).....	(209) 558-8698
CARE (PG&E Discount Energy Program)	(866) 743-2273
Central Valley Opportunity Center Inc. (CVOC Modesto).....	(209) 577-3210
Community Housing & Shelter Services (Rent Assistance)	(209) 527-0444
Community Services Agency.....	(209) 558-2500
Employment Development Department (EDD).....	(209) 576-6118
Modesto Irrigation District (MID).....	(209) 526-7373
Money Management International Financial Counseling.....	(800) 750-2227
Salvation Army (Utility Assistance).....	(209) 523-7577

Financial Assistance (*continued*) / Asistencia financiera (*continuar*)

Social Security & SSI.....	(800) 772-1213
SSI Advocacy (Community Services Agency)	(209) 558-2500
State Disability Insurance (SDI).....	(800) 480-3287
Turlock Irrigation District (TID).....	(209) 883-8300
United Way 211 (Resource Hotline).....	211

Food Programs / Programas alimentarios

CalFresh.....	(877) 652-0734
Community Sharing Christian Center (Food Bank).....	(209) 847-3401
Meals on Wheels (AAA).....	(209) 558-8698
Modesto Love Center (Food Bank).....	(209) 538-9700
Riverbank Christian Food (Food Pantry).....	(209) 869-3710
Salvation Army Food Distribution.....	(209) 577-3600

Health Services / Servicios de salud

Central Valley PACE.....	(209) 724-6000
Welbe Health.....	(888) 530-4415
Doctor's Medical Center	(209) 578-1211
Medi-Cal.....	(877) 652-0734
Medicare.....	(800) 633-4227

Home Health & Hospice / Salud en el hogar y hospicio

Bristol Hospice Care.....	(209) 338-3000
Community Hospice & Health Services.....	(209) 578-6340
Compassionate Care.....	(209) 622-1058
Covenant Care Hospice.....	(209) 664-2550
Central Valley PACE.....	(209) 724-6000
Provident Care In-Home care.....	(209) 578-1210
Seva Hospice.....	(209) 846-9488

Housing / Recursos de vivienda

Aging & Veterans Services.....	(209) 558-8698
California Fair Housing.....	(800) 884-1684
Disability Resources Agency for Independent Living (DRAIL).....	(209) 521-7260

Housing (*continued*) / Recursos de Vivienda (*continuar*)

Emergency Housing

Community Housing & Shelter Services.....	(209) 527-0444
Modesto Gospel Mission.....	(209) 529-8259
Habitat for Humanity.....	(209) 575-4585
Housing and Rehabilitation Program.....	(209) 557-2007
SAN (Senior Advocacy Network).....	(209) 497-6226
Stanislaus County Affordable Housing.....	(209) 574-1155
Stanislaus Regional Housing Authority.....	(209) 557-2000

Information and Services / Información y servicios

United Way 211 (Resource Hotline).....	211
California Aging and Adult Information Line.....	(800) 510-2020
Project Hope (60+) (AAA).....	(209) 558-8698
Stanislaus County Library Services.....	(209) 558-7817

In-Home Care Services / Servicios de asistencia a domicilio

AccentCare of California, Inc.....	(916) 262-6842
Addus HomeCare.....	(209) 526-8451
Alegre Home Care.....	(209) 846-3610
All Ways Caring Home Care – Modesto.....	(209) 210-2252
ApexCare.....	(209) 478-9111
California Home Care, LLC.....	(559) 710-1310
Caregiver To You.....	(800) 869-4373
Catholic Charities (Homemaker Program).....	(209) 529-3784
ComForCare Home Care.....	(209) 926-9292
Comfort Keepers – Modesto/Turlock.....	(209) 597-7882
HomeCare Professionals, Inc.....	(209) 662-1519
Home Instead Stockton.....	(209) 798-0168
In-Home Supportive Service (IHSS).....	(209) 558-3974
Interim Health Care.....	(209) 223-9119
J&M Homecare Services, LLC.....	(209) 208-4132
Maxim Healthcare Services, Inc. (Modesto Regional Office).....	(209) 806-5424
Mid Valley Golden Care, LLC.....	(559) 474-7300
Nurse Next Door.....	(209) 756-0948
Pacific Home Care Services (Medi-Cal Program).....	(877) 956-2532
Provident Home Care.....	(209) 578-1210
Right at Home - Modesto	(209) 579-9445
TLC Assistant Living Services.....	(209) 288-2484

Insurance Programs / Programas de seguros

California State Department of Insurance.....	(800) 927-4357
HICAP (Health Insurance Counseling & Advocacy Program).....	(209) 558-4540
Medi-Cal.....	(877) 652-0734

Legal Services / Servicios legales

California Rural Legal Assistance (CRLA).....	(209) 577-3811
Central Valley Project Sentinel (Housing Concerns).....	(209) 236-1577
SAN (Senior Advocacy Network).....	(209) 577-3814
Stanislaus County District Attorney.....	(209) 525-5550
Stanislaus County Public Guardian.....	(209) 525-7412
Victims of Crime Resource Center.....	(800) 842-8467

LGBTQ+

Central California LGBTQ+ Collaborative – Rainbow Resource Center.....	(209) 408-8846
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Long-Term Care Placement / Asesoramiento de cuidado a largo plazo

Apexcare.....	(209) 525-9111
Golden Placement.....	(209) 222-7138
Provident Care In-Home care.....	(209) 578-1210
Vintage Faire Residential.....	(209) 521-1798

Medical Equipment / Equipos médicos duraderos y suministros

Apria.....	(888) 492-7742
Area Agency on Aging.....	(209) 558-8698
Bruno Modesto Stair Lifts.....	(800) 882-8183
California Telephone Access Program.....	(800) 806-1191
Cares (Comprehensive Asthma Remediation and Education Services).....	(559) 272-4874
Disability Resource Agency for Independent Living (DRAIL)	(209) 521-7260
Society for Disabilities.....	(209) 524-3536
MedicAlert Foundation.....	(209) 668-3333
Mobility Plus of CA.....	(209) 552-2244
Premier Medical Supplies (Ceres)	(209) 537-2882
Salvation Army.....	(209) 522-3209
Shield Healthcare.....	(800) 765-8775
The Alzheimer's Store.....	(800) 752-3238

Respite Care / Asistencia de relevo

24-Hour Home Care (Medi-Cal Program).....	(866) 311-6265
Alzheimer's Association.....	(800) 272-3900
Aging & Veteran Services (AAA).....	(209) 558-8698
Stanislaus County In-Home Supportive Services.....	(209) 558-3974
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154

Senior Centers / Centros para adultos mayores

Ceres Community Center.....	(209) 538-5628
Modesto Senior Citizen's Center.....	(209) 341-2974
Oakdale Senior Center.....	(209) 845-3566
Patterson Senior Center.....	(209) 895-8180
The Salvation Army of Modesto Red Shield.....	(209) 538-7111
Turlock Senior Citizens.....	(209) 202-3872

Transportation / Transporte

Catholic Charities of the Diocese of Stockton.....	(209) 529-3784
Dial-A-Ride	
Modesto.....	(209) 527-4900
Turlock.....	(209) 668-5600
MediVan.....	(800) 262-1516
MOVE Stanislaus.....	(209) 672-1143

Web Sites / Sitio web

Administration on Aging.....	www.acl.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Community Services and Development.....	www.csd.ca.gov

Web Sites (*continue*) / Sitio web (*continuar*)

Care.com.....	www.care.com
Department of Veteran's Affairs.....	www.va.gov
Modesto Community App (Mobile App Store).....	GoModesto!
H.E.L.P. for Seniors.....	www.help4srs.org
Home Delivery Incontinent Supplies (HDIS).....	www.hdis.com
Stanislaus County Aging & Veterans Services.....	www.stancounty.com/aging
State Disability Insurance.....	disability-benefits-help.org
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno, Bakersfield, and Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

VCRC le atiende en los siguientes condados a través de sus oficinas en Fresno, Bakersfield y Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers

Números de teléfono importantes

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_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Notes / Notas:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Guía para adultos mayores listados en los condados circundantes también están disponibles. Para más información, por favor llame al Valley Caregiver Resource Center al (559) 224- 9154. VCRC presenta esto como un listado de muestra de varias agencias privadas, públicas y sin fines de lucro para propósitos de recursos.

La inclusión de una agencia en este listado no implica una recomendación o respaldo por parte de VCRC. VCRC no acepta ninguna responsabilidad por la competencia o la calidad del servicio prestado por las agencias de esta lista. Toda la información es correcta en el momento de su impresión, pero está sujeta a cambios.