

Do you or someone you love have difficulties with any of the following activities:

- **Learning and remembering new information.** Do you repeat things that you say or do? Forget conversations or appointments? Forget where you put things?
- **Handling complex tasks.** Do you have trouble performing tasks that require many steps, such as balancing a checkbook or cooking a meal?
- **Reasoning ability.** Do you have trouble solving everyday problems at work or home, such as knowing what to do if the bathroom is flooded?
- **Spatial ability and orientation.** Do you have trouble driving or finding your way around familiar places?
- **Language.** Do you have trouble finding the words to express what you want to say?
- **Behavior.** Do you have trouble paying attention? Are you more irritable, can't concentrate or less trusting than usual?

If you answered "Yes" to any of these questions, OASIS may be for you.

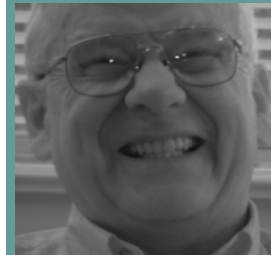


3845 N. Clark St., Suite 201
Fresno, CA 93726



OASIS

Adult Day Care



**Come join us at
OASIS**

The first program
of its
kind in the
San Joaquin Valley
for people in the
early, mid, and late
stages of
dementia.

Benefit from:
Peer Support
Excellent Care
Professional Staff

**OASIS
For More
Information Call**

559-221-0396

3845 N. Clark St., Suite 201

Fresno, CA 93726

License #107204039 & #107203312

*OASIS is proud to have
served families
since 1983*

ADULT DAY SERVICES

OASIS offers Adult Day Care Services Monday – Friday, from 7:30 a.m. – 5:30 p.m. in a supervised environment.

Our caring staff is professionally trained to meet the unique needs of memory



impaired older adults who cannot safely be left alone, but whose conditions do not require frequent medical monitoring. With one staff member to every four OASIS participants, loved ones receive more personal attention, and mental, physical, and social activities are fine-tuned to their personal interests, needs, and remaining strengths.

Main Activity Program hours 9am-3pm
\$54 share of cost for each six hour program.

Half Day Morning & Afternoon Program
available 7:30am-11:30am & 1:00pm-5:00pm
\$36 share of cost for each four hour program.

Extended hours are available for an additional hourly cost. Consistent schedule of two days a week minimum per month required.

****Scholarships and subsidies available
(may range from \$6-\$9 an hour)
dependent on eligibility.****

SHORT TERM RESPITE

Designed for caregivers who need some personal time to relax, go shopping, run errands, keep appointments, enjoy lunch or just time to re-energize. Memory impaired older adults who cannot safely be left alone, but whose conditions do not require frequent medical monitoring can participate in this program after a physicians form, tuberculosis test, assessment and \$25.00 registration and processing fee is completed. Payment prior to service required.

Our short-term respite offerings are:

Short-term Adult Day Care

Monday– Friday, from 7:30a.m. - 4:00p.m.
3 hour minimum - \$9 an hour share of cost.
Registered caregivers call the day before by 10am to make a reservation and confirm the hours of attendance needed.

Saturday Respite

The first Saturday of each month from 9:30am-2:30pm an unstructured relaxing day with personal care assistance and snacks will be provided giving you that extra break which is popular among working caregivers. Bring a basic sack lunch for your participant and personal care items with a \$45 check and leave the rest to us. Registered caregivers call the Thursday before by 10am to make reservations for this popular day.

P.A.L.S.

People Always Learn Something, P.A.L.S., is the first program of its kind in the San Joaquin Valley that specifically addresses the unique psychosocial needs of individuals experiencing minimal memory loss. P.A.L.S. nurtures the self-esteem and dignity of each participant



through peer support to maintain existing memory as much as possible, and provides education on resources available for planning their own

care. This is accomplished through memory-booster/retraining activities, group discussions, quarterly social outings, and daily walks. P.A.L.S. participants enjoy a supportive network of friends. For meeting dates, share of cost and additional information please call.

Call today for more information!

559-221-0396

www.valleycrc.org

Let the dedicated and professional staff make the OASIS experience the right decision for you.

Valley Caregiver Resource Center, and its OASIS program, is a non-profit organization dedicated to serving families in our community.

OASIS is generously funded through private donations and grants from
The Fresno Madera Area Agency on Aging and The United Way.